



ADELAIDE OUTREACH PROGRAMS

Infant Observation

By Pina Antinucci

INFANT OBSERVATION

Infant observation is a one year course providing the opportunity for direct observation and discussion of human development. Observing an infant develop and respond within their immediate environment can lay the groundwork for understanding psychodynamic concepts.

Participants are in a small seminar group and will be guided by a senior psychoanalyst on how to look for and contact an expectant family. The participant will observe that family with the newborn baby once a week for one hour over the period of one year; the role is purely observational, taking in whatever is happening in the ordinary life of the baby for that hour.

Weekly evening seminars facilitate discussion, understanding and reflection on these observations. The course will place these observations, using selected readings at times, within the wider context of psychoanalytic theory.

WHO IT IS FOR

- ◆ Psychiatrists, psychologists, therapists
- ◆ For those considering training in psychotherapy or psychoanalysis
- ◆ For therapists wanting to further their understanding of dynamics

SEMINAR DETAILS

- ◆ Online via Zoom / Cost: \$AUD2500 pa
- ◆ 1 year small group seminar
- ◆ Date: June 2021

FOR ENQUIRIES CONTACT

- ◆ Dr. Gil Anaf: anaf@internode.on.net