



Management of Borderline Patients in Crisis

By Dr. Shanthi Saha

CLINICAL SEMINARS:

This seminar is aimed at developing psychotherapeutic intervention to de-escalate suicidal behaviors and crisis presentation of borderline patients. This intervention is based on a psychodynamic formulation of the presentation. This seminar would particularly suit psychiatry registrars, psychiatrists and senior clinicians working in the emergency department or dealing with such patients in crisis. This seminar includes theoretical discussions and articles to read, as well as clinical case discussions.

COURSE OUTLINE:

1. Introduction to the course: The Psychodynamic formulation
2. The process: How to start the interview process
(1/2 hour theory discussion followed by a discussion of clinical vignettes of the initial part of the interview)
3. Managing the relationship: Discussion of clinical vignette
4. The affect storm: (Theoretical paper discussion followed by discussion of a case)
5. Managing the affect storm: Case discussion
6. Affect storm: Issue of countertransference
7. Acting out: Theory and clinical case study
8. The Precipitating event (1/2 hour theory followed by discussion of a verbatim session)
9. Trial Interpretation: Discussion of a verbatim session
10. Formulating a management plan: MHA and conclusion

SEMINAR DETAILS

- ◆ Online via Zoom / Cost: \$550
- ◆ 10 week Small group clinical seminar (8 participants max)
- ◆ Dates to be announced

EXPRESSIONS OF INTEREST: Email: shanthisaha@optusnet.com.au