



Introduction to Psychodynamic Theory & Practice: The Six Major Theorists

By Dr Robin Chester

THEORETICAL & CLINICAL SEMINARS

These seminars are to introduce 6 major psychoanalytic theorists:

- Sigmund **Freud**
- Donald **Winnicott**
- Melanie **Klein**
- Wilfred **Bion**
- Jacques **Lacan**
- Carl **Jung**

These seminars are a gentle introduction to psychoanalytic theories. These seminars are for anybody who has an interest in understanding the psychodynamic theories about the mind and the therapies that have evolved from these. However they are particularly intended for those in training courses in the helping professions whose courses are often limited in their psychodynamic focus. They would be also helpful to psychiatry trainees for the psychotherapy written case.

The seminar will explore the beginnings of psychodynamic theory with **Freud** and their further development by **Klein**. Then the often dauntingly difficult ideas of **Winnicott**, **Bion** and **Lacan** will be examined. To complement these the course will finish by embracing the creativity of the ideas of **Jung**.

SEMINAR DETAILS

- ◆ Online on Zoom
- ◆ 20 week course, weekly for 1.5 hour
- ◆ Tuesdays, 7.00 p.m. – 8.30 p.m.
- ◆ 14th March - 18th April 2023 (break till 8th May) 9th May – 25th July 2023
- ◆ Cost: \$770

NOTE: The last day for registration and payment is 14th February 2023.

The course will be run with a minimum of 9 participants.

SEMINAR LEADER BIO

Dr. Robin Chester is Training Analyst with the Australian Psychoanalytic Society (APAS) a Fellow/Member College of Psychiatrists since 1978, APAS member since 1987, has a PhD in Psychoanalytic Studies (Monash) topic on the role of paradox in psychoanalytic theory and practice. He is also the Senior Visiting Consultant Flinders Medical Centre, Lecturer Edith Cowan University and has presented numerous number of papers on psychoanalysis in Australia, Europe and England.

APPLICATION FORMS are available for download at www.aipsych.org.au