



De Escalation of the suicidal patient in the ED

By Dr Shanthi Saha

BPD CLINICAL SEMINARS

These series of 10 seminars are aimed at developing psychotherapeutic intervention to de-escalate suicidal behaviors and crisis presentation of borderline patients. Interventions are based on a psychodynamic formulation of the presentation. This course would particularly suit psychiatry registrars, psychiatrists and senior clinicians working in the emergency department or dealing with such patients in crisis. It includes theoretical discussions and articles to read, as well as clinical case discussions. The course outline is on the following page.

SEMINAR DETAILS

- ◆ Online via Zoom
- ◆ 10 week Small group clinical seminar
- ◆ Fridays from 10.00 a.m. – 11.15 a.m. (ACST)
- ◆ 12th April 2024 – 14th June 2024
- ◆ Cost: \$660

SEMINAR LEADER BIO

Dr. Shanthi Saha is a Training Analyst and Psychiatrist in full time private practice. She supervises basic psychiatry trainees who are engaged in writing their Psychotherapy Written Case, provides supervision for psychiatrists doing their Advanced Certificate in Psychotherapy and runs various programs for AIP.

NOTE: The last day for registration and payment is 17th March 2024. The course will be run with a minimum of 5 participants.

APPLICATION FORMS are available for download at www.aipsych.org.au

COURSE OUTLINE:

1. Introduction to the course: The Psychodynamic formulation
2. The process: How to start the interview process
(½ hour theory discussion followed by a discussion of clinical vignettes of the initial part of the interview)
3. Clinical seminar: Discussion of clinical vignettes
4. The Content 1: Exploring the Precipitating event
(½ hour theory followed by discussion of a verbatim session)
5. Clinical seminar: Discussion of clinical vignettes of the precipitating event
6. The content 2: The affect storm – exploring the experience
(Theory paper discussion followed by a discussion of a case)
7. Clinical seminar: Clinical case discussion
8. The content 3: Acting out – theory and clinical case study
9. Trial Interpretation: Discussion of a verbatim session
10. Formulating a management plan, MHA and conclusion