



Introduction to Psychodynamic Theory & Practice: The Six Major Theorists

By Dr Robin Chester

THEORETICAL & CLINICAL SEMINARS

These seminars are to introduce 6 major psychoanalytic theorists:

- Sigmund **Freud**
- Donald **Winnicott**
- Melanie **Klein**
- Wilfred **Bion**
- Jacques **Lacan**
- Carl **Jung**

These seminars are to introduce 6 major psychoanalytic theorists: Sigmund **Freud**, Donald **Winnicott**, Melanie **Klein**, Wilfred **Bion**, Jacques **Lacan** and Carl **Jung**. These seminars are a gentle introduction to psychoanalytic theories. They are for anybody who has an interest in understanding the psychodynamic theories about the mind and the therapies that have evolved from these. However, they are particularly intended for those in training courses in the helping professions whose courses are often limited in their psychodynamic focus. They would also be helpful to psychiatry trainees for the psychotherapy written case.

The seminars will explore the beginnings of psychodynamic theory with **Freud** and their further development by **Klein**. Then the often dauntingly difficult ideas of **Winnicott**, **Bion** and **Lacan** will be examined. To complement these the course will finish by embracing the creativity of the ideas of **Jung**.

SEMINAR DETAILS

- ◆ Online on Zoom
- ◆ 20 week course, weekly for 1.5 hour
- ◆ Tuesdays, 7.00 p.m. – 8.30 p.m.
- ◆ 5th March 2024 - 16th July 2024 (Includes a 2 week break)
- ◆ Cost: \$770

NOTE: The last day for registration and payment is 25th February 2024.

The course will be run with a minimum of 9 participants.

SEMINAR LEADER BIO

Dr. Robin Chester Dr. Robin Chester is a Training Analyst with the Australian Psychoanalytic Society (APAS) a Fellow/Member College of Psychiatrists since 1978, APAS member since 1987, has a PhD in Psychoanalytic Studies (Monash) topic on the role of paradox in psychoanalytic theory & practice. He is also the Senior Visiting Consultant Flinders Medical Centre, Lecturer Edith Cowan University & has presented numerous papers on psychoanalysis in Australia, Europe & England..

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