



Evidence based psychoanalytic treatment: “Where are we now?”

By Prof Patrick Luyten

The Adelaide Institute of Psychoanalysis is presenting an online talk by Professor Patrick Luyten on evidence based psychoanalytic treatment.

'In this talk we will review evidence concerning the effectiveness of the spectrum of psychoanalytic therapies, with a focus on longer-term psychoanalytic treatments, including psychoanalysis. I will also summarize the evidence that has emerged over the past decades for long-term effects, cost-effectiveness and potential mechanisms of change of psychoanalytic therapies.

This is followed by a discussion of research on similarities and differences between psychoanalysis and psychoanalytic therapies, and differences between outcomes of therapists/analysts in psychoanalysis and psychoanalytic therapies, based on a number of well-known and exemplary quantitative and qualitative studies. Finally, I will discuss the relevance of this body of research for psychoanalytic practice and training'.

DETAILS

- ◆ Mode : Online via Zoom
- ◆ Date : Tuesday 18th February 2025
- ◆ Time : 7.30 p.m. (ACST/Adelaide)
- ◆ Cost: \$80

PRESENTED & DISCUSSED BY:

Patrick Luyten, PhD, is Associate Professor at the Faculty of Psychology and Educational Sciences, KU Leuven (University of Leuven), Belgium, and Professor of Psychodynamic Psychology at the Research Department of Clinical, Educational and Health Psychology, UCL (University College London), UK. He is also an Assistant Professor, Adjunct at the Yale Child Study Center in New Haven, Connecticut, USA.

His main research interests are disorders in the affective spectrum (i.e., depression and stress- and pain-related disorders) and personality disorders. He is involved in both basic and interventional research in both of these areas. His basic research focuses on the roles of personality, attachment and social cognition - that is, the capacity to understand and others in terms of mental states - in these disorders from a developmental psychopathology perspective

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